

St Christopher's Anglican Church, Richmond Hill Church Guidelines on Reopening of Public Worship

- Parishioner/Visitor who experiences any one of the following conditions please stay at home. Seek assessment and testing as early as possible at a nearest COVID-19 Assessment Centre:
 - sore throat, new or worsening cough, shortness of breath, difficulty swallowing, runny nose, nasal congestion (exclude seasonal allergy), change or loss of sense of taste or smell, nausea, vomiting, diarrhea, abdominal pain, fever of 37.8 C or greater with or without respiratory symptoms;
 - has travelled outside of Canada in the past 14 days;
 - has close contact within the last 14 days with a confirmed or probable COVID-19 case;
 - has close contact within the last 14 days with a person with acute respiratory illness who
 has been outside Canada.
- 2. Enter the church through the main entrance. Side Door is for exit only.
- 3. Maintain 2m physical distancing with others both inside and outside of the church.
- 4. Mask wearing is mandatory at all times in the church. St. Christopher's will provide disposable mask in case someone needs one.
- 5. Upon entering the church, parishioners/visitors are asked to use hand sanitizer to clean their hands at once. If parishioners/visitors are wearing gloves, use hand sanitizer to clean the gloves.
- 6. Only one person or persons of the same household are allowed to stay in the front entrance landing area at a time. Others should wait in turn outside the front entrance, following the floor stickers to maintain 2m physical distancing from others.
- 7. Follow the Direction of Movement marked by arrows inside the Church. Sidesperson will direct parishioners/visitors to their seats. Maintain 2m physical distancing with others while sitting, except for those in the same household.
- 8. Children under the age of ten are to remain with their families at all times.
- 9. During the Worship, there will be no congregational singing. For recitation of the liturgy, parishioners/visitors should follow the liturgy in their heart or give quiet responses.
- 10. There will be no passing of the collection plates, parishioners/visitors can put their offerings on the Offertory Plate when entering the Church.
- 11. For Eucharist: Parishioners/Visitors are to receive only the Host and no need to kneel. *Please refer to the Guidelines on Receiving Holy Communion for detail instructions.*
- 12. No food and beverages are to be served or shared in the Church. Parishioners/visitors are encouraged to bring their own, if needed.
- 13. Avoid gathering of crowd, parishioners/visitors should refrain from social contact as they arrive/leave the Church before/after service.
- 14. Parishioners/Visitors are reminded to practice good hygiene habits, such as cover cough/sneeze, avoid touching the face with unwashed hands, etc.
- 15. Parishioners/Visitors should notify the Incumbent or the Churchwardens immediately if they experience COVID-19 symptoms after they have been to the church.
- 16. In case of fire, please evacuate the building in a calm and cautious manner. Parishioners/Visitors sitting on the left side (facing the altar) of the Church will exit through the Side Door, parishioners/visitors sitting on the right side of the Church will exit through the Front Doors. Meeting point will be the lawn area near Crosby Ave. Maintain 2m physical distancing at all times.



St Christopher's Anglican Church, Richmond Hill Church Guidelines on Receiving Holy Communion

During the Amber Stage, the Celebrant will preside over the Eucharist and consecrate both the bread and the wine, and consume in both kinds, but will distribute only the consecrated bread to all others. Parishioners/Visitors are to follow the instructions when waiting for their turns to take Communion:

- 1. When invited by the Server, parishioners/visitors with mask on and sanitized hands will proceed to the Communion Station as instructed by the Server.
- 2. Parishioner/visitor stands on the Communion Station indicated on the floor in front of the first row of pews (which is 2m from the communion priest), hear the words "The Body of Christ..." and respond with "Amen", then step forward to receive the bread. (During the pandemic, please do not kneel).
- 3. When receiving the bread:
 - 3.1. Parishioner/visitor will place one palm up over the other and wait for the celebrant to put the bread onto one's palm (using a Host Tongs); do not reach out to take the bread to avoid touching other surfaces by accident;
 - 3.2. Once the bread is on one's palm, the parishioner/visitor uses the other hand that has not touched the bread to remove the loop of the mask from one of the ears, without touching either side of the mask;
 - 3.3. Consume the bread on the clean hand while the other hand is still holding the ear loop;
 - 3.4. Put the removed loop back around one's ear and adjust the mask properly. Sanitize hands again (hand sanitizer available on the side). Walk back to their seat following the flow direction (arrows marked on the floor).